

The Pelican Press

Pelican Bays
954-581-5600
www.PelicanBays.com

Pelican Bays

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Make Everyday Earth Day!

April 22 is Earth Day! This year it is the 40th anniversary of the first Earth Day. Even though we have been celebrating Earth Day for 40 years, the planet Earth is in worst shape ever! Now it is the time to make a difference and change some of our bad habits for the future.

This month we will celebrate Earth Day but let's make a difference and celebrate it

everyday.

In this newsletter we will give you ideas to help conserve and save everyday. Make a commitment to reduce, reuse and recycle at work and at home.

Keep in mind we recycle cardboard at building five. Call the office for access. Printing Connection Too, Bay # 409 and 410 recycles paper products and Waste Management has a recycling program for offices. Call

954-974-7500. Also, Bio Lube Bay 701 sells environmentally friendly cleaning products.

Please read "Ask the Stash" about conserving water and fixing any leaking sinks or toilets. Save our Planet...every little bit helps!

We want to thank you for making a difference.

Happy Earth Day 2010!

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5 Ways to Make an Impact for Earth Day

Since 1970, the conservation movement has grown and blossomed. "Going Green" has become a positive trend and a national concern, prompting new academic research and public awareness initiatives. Earth Day 2010 will be celebrated not just by schools and communities, but by concerned companies as well. Being environmentally friendly is a great way to gain new customers and to keep your existing customers as well. Here are some ideas:

Encourage all employees to go digital. Keep digital records, send memos via email, advertise via email and websites, recycle those old files in your file cabinet!

Upgrade systems. It might

seem expensive to upgrade systems-until you realize how energy efficient the new ones are. Donate old machines to schools, and nonprofits that can't afford the latest in technology, you'll be doing something good for your budget, community and Earth.

Recycle computers and electronics. Find a safe way to donate and recycle the components. Hold a recycling day and have your employees bring in electronics they no longer want, keep hospitals in mind for older gaming systems.

Form partnerships. Organize with other local businesses to provide each other with services that will increase each others businesses or reduce the amount of resources they need.

You might be able to carpool, buy supplies in bulk or share shipping if you send cargo to similar places. Don't forget there are over 100 different businesses here at Pelican Bays! Bartering services and products is another way to save!

Refresh your companies energy practices. Refresh your company's energy policy by assessing where the energy is coming from, how to become more efficient and how to cut back on energy that your company doesn't need. If you can make your company's energy usage more efficient you can make a major and ongoing contribution to the environment and save money as well.

Earth Day Resolutions you should make...

- Save Electricity. Switch out light bulbs to compact florescent lights
- Wash your clothes in cold water
- Use a dishwasher (they use less water, and only run when dishwasher is full)
- Take shorter showers and don't let water run when brushing your teeth
- Plant climate appropriate plants in your yard can reduce your need to water plants as often
- Keep tires properly inflated improves fuel economy
- Buy more fuel efficient vehicles

Spotlight on the “Bay”

We will spotlight a different bay each month. This month is one of our friends at Syscom Computers

Name of Bay: Syscom Computers

Bay Number: 705

Services you offer: Computer Services

Sak Chen started Syscom Computers in 1992, and has been at Pelican Bays since 2002. He is very happy with his location here at Pelican Bays. “The location is great, it is in a central area with lots of walk in customers,” says Chen.

Syscom computer services offer web hosting, email hosting, exchange server hosting, remote support, video surveillance systems, and ViOP (Voice Over I.P.).

They also offer on site computer repair, custom built computers, custom built servers and systems.

Most of his business is working with IT Professionals but, he does work with individuals and small businesses as well. You can save a lot of money and time with having Syscom Computers located here by bringing your computers directly to them. For example if you have a computer virus, no need to pay for a technician to drive and wait on site, Syscom will save you money by repairing your computer here at Pelican Bays!

Syscom Computers is extremely environmentally friendly. They recycle everything including the packing boxes! They do not throw any materials away, they either do-

nate older machines to institutions or recycle all materials at a computer recycling facility.

Contact them:

Www.syscom-usa.com

Email: sak@syscom-usa.com



Welcome to the Neighborhood

Ask the “Stash”

Advice from Barry!

Dear Barry,

Our toilet constantly is running, is that a big deal?

-Alex

Dear Alex,

YES, it is a huge deal! Please notify the office ASAP if you notice a leak!!!

Running water wastes water and money.

Leaks can be very expensive, a toilet leak can easily leak between 1/4 and 1

gallon per minute which can increase your quarterly usage by 50 percent or up to 7 times for an average residential customer.

A drip of water = approx 1 gallon every 15 minutes

A Trickle= approx 1 gallon every 4 minutes

A stream= approx 1 gallon per minute

-Barry

“Save water shower with a friend!”



Bay 414&419

Hyper Deals Auto Sales, Inc.

Bay 417

Totalnation Auto Brokers, Inc.

Bay 706&707

B&K Equipment Supply, Inc.

Bay 804

Ellie “N” Est , Inc./ Underground Rim King

“Welcome!”

Chuck’s Chomps

Dirt Cups

Ingredients:

2 cups cold milk

1 package (4 oz) Jell-O chocolate instant pudding

1 tub (8 oz) Cool Whip whipped topping, thawed

15 Oreo Cookies, finely crushed, divided

10 gummy worms candy

Directions:

Pour milk into large bowl. Add dry pud-

ding mix. Beat with wire whisk 2 minutes or until well blended. Let stand 5 minutes.

Gently stir in whipped topping and 1/2 cup cookie crumbs.

Spoon into 10 (6 to 7 oz) paper or plastic, or GLASS cups (I prefer GLASS cups!!!...better for the environment!); top with remaining cookie crumbs.

Refrigerate at least 1 hour. Top with gummy worms before serving. Dirt cups can also be served frozen. Prepare as directed and freeze 3 hours until firm.

Makes 10 servings

